

Preliminary Program IRW Conference, March 15 & 16 2018

Wednesday, March 14

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| 17.30 | Welcome Reception | Academy Building <i>This reception is offered to you by the University of Groningen, the Municipality of Groningen and the Province of Groningen</i> |
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Thursday, March 15

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| 08.30 | Registration | | |
| 09.00 | Opening | | |
| | Introduction | | |
| 09.15 | Theme: introduction of the problem | Barriers for adherence, patient characteristics from a behavioural scientist's perspective <i>Rob Horne</i> | |
| | | Trying but failing: role of inhaler technique + iHarp critical errors <i>Henry Chrystyn</i> | |
| | | Admit group + facts and fantasies regarding inhalers <i>Richard Dekhuijzen</i> | |
| 10.45 | Break | | |
| 11.15 | Theme: Results | Results literature review <i>Kim Burger & Siebrig Schokker</i> | |
| | | Results focus group study <i>Miguel Roman Rodriguez</i> | |
| | | Results patient interviews <i>Esther Metting</i> | |
| 12.45 | Lunch & Posterwalks | | |
| | | Dutch (NL) | English (EN) |
| 13.45 | Workshops part 1 NL/EN | 1.1 Short-IMIS training inhalatietechniek NL | 1.4 Training providing inhaler technique instructions to patients EN |
| | | 1.2 Motivational Interviewing in de klinische praktijk NL 1.3 Communiseren met mensen met beperkte gezondheidsvaardigheden (Health Literacy) | 1.5 Applying motivational Interviewing in clinical practice EN 1.6 Communicating with patients with low health literacy |
| 14.45 | Workshops part 2 NL/EN | 2.1 Short-IMIS training inhalatietechniek NL | 2.4 Training providing inhaler technique instructions to patients EN |
| | | 2.2 Motivational Interviewing in de klinische praktijk NL 2.3 Communiseren met mensen met beperkte gezondheidsvaardigheden (Health Literacy) | 2.5 Applying motivational Interviewing in clinical practice EN 2.6 Communicating with patients with low health literacy |
| 15.45 | Break | | |
| 16.15 | | Patient stories about their inhaler use <i>Titia Klemmeier</i> | |
| | | Technical and chemical consequences of f poor inhaler technique <i>Paul Hagedoorn</i> | |
| | | Introduction of the new inhaler instruction method <i>Esther Metting</i> | |
| 17.30 | Closure | | |
| 18.00 | Social Program | | |
| 19.00 | Diner | | |

Friday, March 16

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|--------------|--------------------------------|--|---|
| 08.30 | Registration | | |
| 09.00 | Opening | Ioanna Tsilligianni | |
| 09.15 | | Importance of good inhaler technique <i>Federico Lavorini</i> | |
| | | Exacerbations and inhaler technique errors <i>Mathieu Molimard</i> | |
| | | Self-management and education <i>Job van der Palen</i> | |
| 10.45 | Break | | |
| | | ENG | NL |
| 11.15 | Workshops part 1 | Example of an E-health application to improve inhaler technique <i>Richard Costello</i> | Therapietrouw nader bekeken <i>Job van Boven</i> |
| 11.45 | Workshops part 2 | Compliance, there's more to it than meets the eye <i>Job van Boven</i> | Biologische mechanismen van inhaler (de inhaler van binnenuit) <i>Paul Hagedoorn</i> |
| 12.15 | Workshops part 3 | Inside the inhaler: biological mechanisms inhalers <i>Paul Hagedoorn</i> | Voorbeelden van E-health applications <i>Niels Chavannes</i> |
| 12.45 | Lunch & Posterwalks | | |
| 13.45 | Workshop NL/EN | Workshop practicing the new inhaler instruction method <ul style="list-style-type: none"> - Introduction - How to improve the organisation around inhaler instructions - Teach the trick: how to instruction patients for the first time? - Maintain good inhaler technique effectively | |
| 15.15 | Break | | |
| 15.45 | Poster Pitches & Poster Award | | |
| 16.00 | | Report of feedback and discussion new method. What is good? What should be adapted? <i>Discussion leader: Thys van de Molen</i> | |
| | | Discussion: next steps /RCT, how can we test the new instruction method? <i>Introduction: Janwillem Kocks</i> <i>Discussion leader: Thys van de Molen</i> | |
| 16.45 | Practising new skills | Framing | |
| 17.30 | Closure | | |
| 18.30 | Dinner | | |

Local Organizing Committee

Paul Hagedoorn

Inhalatie-technoloog, University of Groningen, the Netherlands. Department of Pharmaceutical Technology and Biopharmacy

Ellen van Heijst

Hoofd Astma & COPD dienst Certe, integral medical diagnostic services and advice Groningen, the Netherlands

Titia Klemmeier

Astma/COPD-verpleegkundige, Martini Hospital Groningen, the Netherlands. Department of Pulmonology
IMIS Inhalation Medication Instruction School Foundation, the Netherlands

Janwillem Kocks

Huisarts, onderzoeker, University Medical Center Groningen, the Netherlands. Department of General Practice
GRIAC research institute Groningen, the Netherlands

Thys van der Molen

Hoogleraar chronische longziekten, University Medical Center Groningen, the Netherlands. Department of General Practice
GRIAC research institute Groningen, the Netherlands

Esther Metting

Epidemiologist/Behavioral scientist, University Medical Center Groningen, the Netherlands. Department of General Practice
GRIAC research institute Groningen, the Netherlands

Siebrig Schokker

University Medical Center Groningen, the Netherlands. Department of General Practice. GRIAC research institute Groningen, the Netherlands

Speakers

Rob Horne

Professor of Behavioural Medicine at the University College London (UCL) School of Pharmacy. Director of the Centre for Behavioural Medicine.

Henry Chrystyn

Emeritus Professor, Inhalation Consultancy

Richard Dekhuijzen

Hoogleraar longziekten Radboudumc, voorzitter bestuur Stichting ITW.

Kim Burger

Master student Clinical Psychology, RuG, the Netherlands

Siebrig Schokker

University Medical Center Groningen, the Netherlands. Department of General Practice. GRIAC research institute Groningen, the Netherlands

Esther Metting

Epidemiologist/Behavioral scientist, University Medical Center Groningen, the Netherlands. Department of General Practice
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Titia Klemmeier

Astma/COPD-verpleegkundige, Martini Hospital Groningen, the Netherlands. Department of Pulmonology
IMIS Inhalation Medication Instruction School Foundation, the Netherlands

Paul Hagedoorn

Inhalatie-technoloog, University of Groningen, the Netherlands. Department of Pharmaceutical Technology and Biopharmacy

Federico Lavorini

Expert inhaler techniek research, Department of Experimental and Clinical Medicine, Careggi University Hospital, Florence, Italy.

Ioanna Tsilligianni

University Medical Center Groningen, the Netherlands. Department of General Practice. GRIAC research institute Groningen, the Netherlands
Agia Barbara Health Care Center, Heraklion, Crete, Greece

Mathieu Molimard

MD, PhD and specialised in Pneumology and Pharmacology, Dépt de Pharmacologie, University Bordeaux, Bordeaux, France

Job van der Palen

Full professor (part-time) at the Department of Research Methodology, Measurement and Data Analysis, Faculty of Behavioral Science, University of Twente Enschede, the Netherlands. Educatie expert.

Richard Costello

Member Asthma Society of Ireland, Board of Directors & Chairperson, Medical Advisory Group.

Job van Boven

Assistant Professor at Universitair Medisch Centrum Groningen . Health economics and real-world outcomes expert, specialized in chronic lung diseases such as asthma and COPD.

Niels Chavannes

Hoogleraar huisartsgeneeskunde, afdeling Public health en Eerstelijngeneeskunde, LUMC